

*The British School of Zug!*

# ISCS

*Monthly highlights*

## WHAT'S INSIDE

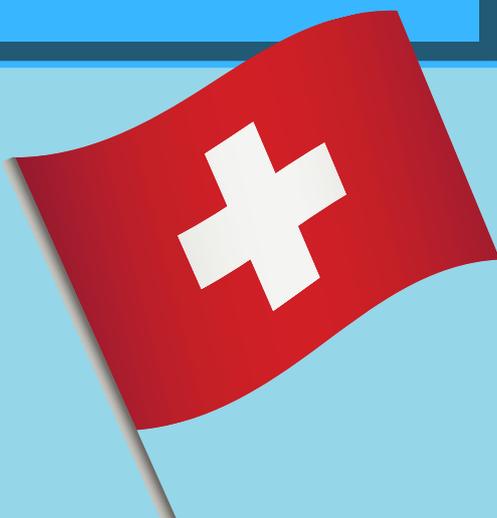
- Milk Day
- Rabbelichtli
- Anti-Bullying week
- Yoga for parents
- Sport news

**AND MORE...**

## A month full of Swiss traditions

Our students took part in the beautiful Swiss lantern festival Räbeliechtli. They also took a break to drink a glass of milk as part of a national day to bring awareness to healthy snacks. In German class, students baked the most famous Swiss Christmas cookies.

November is never boring in Switzerland!



# Monthly highlights

## RÄBELIECHTLI

This is the time when the traditional turnip lantern processions, which we call a 'Räbeliechtliumzug' in Swiss German, take place.

Räbeliechtli literally means 'small turnip light'

In the early evening, kindergarten and primary school kids walk around their town with their lanterns called 'Räbeliechtli' which they carved from turnips (or beetroots).

The tradition of making lanterns from turnips has its origins in the celebration of the last harvest of the year. Turnips were amongst the last vegetables harvested and I assume that is why they were originally chosen for this craft. In the circle of their family, children hollowed and carved their turnips and put a candle inside to turn it into a lantern which they then placed in or around their homes.

Today, turnips are grown almost only for the purpose of lantern-making and the carving mainly is done in schools or kindergartens. With the help of parents and teachers, the kids carefully empty their turnips and try to carve beautiful patterns on them.

Thank you to all the parents who came to school to help our students carve the turnips!



# Monthly highlights

## MILK DAY



Integration into local community and fully embracing life in Switzerland is one of our top priorities at ISCS. There is no better way of doing it than by joining local sports teams or associations, working with local businesses and taking part in traditional Swiss events, such as "Tag der Pausenmilch" (Milk-break day).

Thank you Mr Waldispuhl for organising this for our students!

Over 325,000 school children and teachers throughout Switzerland receive a portion of milk today. The purpose of this event is to motivate schoolchildren to eat healthily during breaks. Experts recommend milk and milk products 3 times a day. Nutritionists and national nutritional societies (Federal Office of Public Health and Swiss Society for Nutrition) recommend consuming three servings of milk and milk products daily. These are, for example, 1 glass of milk, 1 cup of yoghurt and 1 piece of cheese. Due to the topography and soil conditions, as well as the climate conditions in Switzerland, just under a third of the agricultural land can be used economically as arable land for growing food. More than two thirds remain covered with grass areas, including meadows, pastures and alpine meadows, on which there is plenty of fresh food for the cows. Children have a fantastic opportunity to drink fresh milk and milk products, with most farms offering small shops where their products can be purchased.



# Monthly highlights

## Mailänderli SWISS BAKING



Our Swiss German teacher, Mr Waldispuh, has asked his primary students to bake traditional Swiss Christmas cookies. This bring tradition and German language mall together, which we love!

Despite its Italian name, the Mailänderli ('little cookies from Milan') is by far the most popular and most baked Christmas cookie in Switzerland.

According to the Kulinarische Erbe, the origin of the cookie is vague. The name suggests that they come from Milan (Mailand in German), but there is no direct evidence, only a slightly similar buttery Milanese cookie (though made with almonds and candied fruit). The first mention is a recipe in the late 1700s, and apparently it was customary to serve them with mulled wine at New Year's parties in Basel in the 19th century.

Today, they are absolutely the standard Swiss Christmas cookie made by every bakery and every family.

# Monthly highlights

## IGCSEs CERTIFICATES



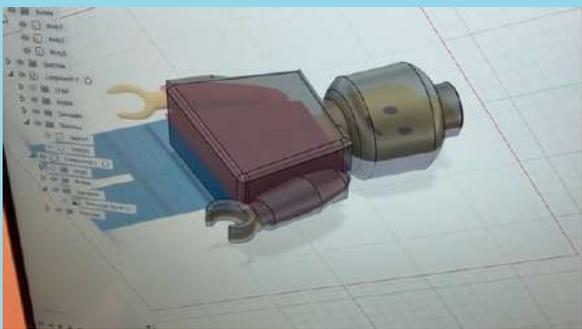
The IGCSE certificates have arrived at school. We took this opportunity to celebrate with our students and to congratulate them again on outstanding results.

Students received A\*-A across all subjects taught at ISCS, giving a great example to younger students. We are very proud of you and cannot wait to see what the future holds for you!



# Monthly highlights

## COMPUTER PATHWAY



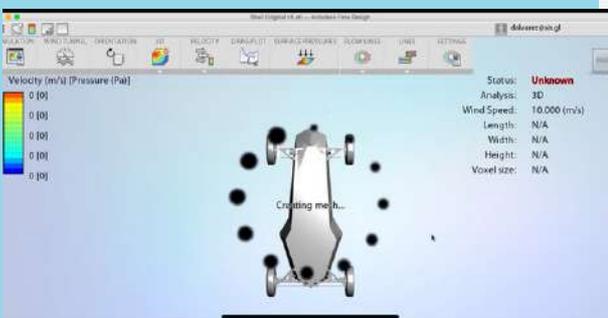
This year, ISCS has introduced a Computer Science pathway to equip our students with highly in demand skills required across a range of disciplines worldwide, and complements almost any academic area, giving learners a competitive advantage when pursuing sought-after opportunities. Expert teachers, exciting curriculum, combined with a new computer lab equipped with latest programming, robotics sets and 3D printers are key to our students' success.



In November, our Year 7 students worked on creating a 3D design of their own Lego.

Year 8 students continued with the Python coding module, while Year 9 students designed Formula One cars. Students in Year 10 and above focused on exam preparation.

Students in Year 4 and above enjoy working on their 3D printing design and beginners coding during the Computer Club.



Monthly highlights

# **ANTI-BULLYING WEEK**

## **Positive Learning Environment**

At ISCS, we strongly believe that by creating a positive learning environment, we can offer our students a place where they feel happy, supported, seen and understood.

One of the main tools our teachers use to create a positive learning environment is **POSITIVE PRAISE**.

Giving effective praise to students has a significant impact on student-teacher relationships, engagement, motivation, student behaviour and academic performance. We never miss a chance to praise hard work and improvement!

Regular praise creates a positive and optimistic classroom culture, where students are keen to participate, share ideas and are not afraid to fail. We love watching how this helps students to cheer one another and gives them the feeling of being part of a team. When a student finds a particular topic difficult, we know that praising the effort and hard work makes the student believe that success and improvement are possible. At ISCS, we cultivate this culture of positive encouragement by daily feedback in class, showcasing students' achievement on parents communication portals, newsletters, and corridors display boards. These might seem like small actions, but they hold a huge value. Delivered every day, during every class, in a meaningful way, these praises create a positive learning environment, where students can look forward to many achievements ahead.



# Monthly highlights

## ANTI-BULLYING WEEK

Positive learning environment starts with a TEACHER. "Students perform better when you show them how much you care" says our primary teacher Miss Mac on repeat. "It's 100% true" join in all the others.

It's important for us to show our students how much we care about them. Nurturing classroom environment has a positive effect on students' cognitive processes, attention span and decision-making skills. Furthermore, research has shown that students are motivated to learn when they feel valued and appreciated.

So how do our teachers show they care?

- they greet every student right at the door every morning, excited to spend a day with them
- give students opportunity during class to share what their outside interests are and make references to these during learning
- always remind students just how capable they are
- support their struggles as well as achievements: having one to one time to support them
- showing up at sport events in which our students participate, whether it's a hockey game, a run or a football tournament
- dressing up to make learning fun
- selecting learning materials which match specific interests of a student
- opening up the world: presenting all the opportunities that await
- working closely with parents and showing them how they can support their children's learning
- dealing with failures in a positive way
- AND MANY MORE!

As a family-oriented school, creating positive learning environment, with teachers who care, is the most important thing for us. We are proud of the team we have created, who is always there for every ISCS student.



# Monthly highlights

## IFM BUSINESS SCHOOL

Thank you to IFM Business School for coming to speak to our students. IFM is top 1% of business schools worldwide with triple accreditation. It has been awarded "Most Innovative business School in Switzerland".

IFM Business School is located in the heart of Geneva, Switzerland. IFM's excellence in business education is recognized by 3 major accreditation bodies, international rankings and 2 innovation awards. IFM cutting-edge curriculum encompass all key skills required by modern businesses.



ISCS students heard about the programmes the IFM offers, it's innovative teaching approach and excellent faculty. Our students had a chance to ask questions about the courses, application tips and life in Geneva.

Thank you IFM Geneva for this opportunity and thank you to Mr Hopton for organising this event!

# Monthly highlights

## CAREER TALKS



In November we continued with Career Talks. These sessions are designed for our Gymnasium Students (Year 11-13), with the aim to show them a variety of options available in the current job market.

Mr Stutz has delivered an inspiring talk about life of an entrepreneur.

Together with the students, he reflected on skills one needs to be successful at running their own business. He listed hands-on-mentality, curiosity and viewing change as a positive, as some of the most important traits. Working with people from all over the world is exciting, but can also be challenging, thus being part of an international environment from an early age gives a future leader a competitive advantage.

*What else?* Asked the students. "Structured approach to work, not having an ego and teamwork skills are very important" replied Mr Stutz.

Thank you for this very interesting presentation!

# Monthly highlights

## **YOGA FOR PARENTS**



Thinking about all the school parents, in November we started a weekly Yoga course with the incredible yoga teacher Mrs Maria McVeigh.

The classes take place every Friday at 8:45-9:30, are free of charge and are followed by a nice coffee and tea.

*"It is so great to take time off as a mum"*

*"I didn't expect to like it, but I loved it!"*

*"This is exactly what I needed for my back!"*

... are just a few of the comments after the class.

If you would like to join the class, please get in touch!

Don't you think it is a great initiative?! We love it!



# Monthly highlights

## WORLD CUP

The FIFA World Cup is finally here!

We have many football fans on campus, so we have created some opportunities for them to watch the games.

Our students represent over 30 nationalities, but Switzerland unites us all. On the day the Switzerland played its first match, we asked our students to wear the Swiss colours. We took some time off to watch the game and enjoyed football related activities! Hop Schwiiz!!!

Students also enjoyed watching football during PE classes and lunch breaks. We have set up a Fantasy Football League for all students, parents and staff.



**November 2022**

# Monthly highlights



## **BASKETBALL FRIENDLY**

Our students took part in a friendly basketball tournament against another international school, The International School of Rheintal.

The competition saw Boys, Girls and Mixed team play in an effort to gain experience, exchange training techniques and make friends.

Thank you Mr Perliyev for organising!



*Monthly highlights*

## **THE ISCS Difference**

### **What makes our school different?**

- Cambridge International Curriculum
- Small class sizes
- Regular “checkpoints” to measure students’ progression
- Rich German language provision - up to 7 lessons per week
- Exchange programme with our sister school “Sage College” in Spain
- School uniform
- Extra-curricular activities designed to boost university-applications