

#### DECEMBER 2023

#### NEWSLETTER

SCS The British School & Zug

NO. 13

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### HOUSE POINTS





#### **MESSAGE FROM HEAD OF EDUCATION**



Dear ISCS Community,

This is the most difficult message I could think of having to write and the one that nobody wants to communicate. As we already informed this week, we received the worst possible news. We are devasteted to have received the news that the mother of two of our students at ISCS passed away. We send all our force to the kids, their father and the rest of relatives and friends. We are also here to support in the best way possible to any member of the community who may require during these bad moments. This also makes this ISCS community unique: how everyone supports each other in the worst moments.

Trying to change to the rest of activities and events taking place this week, I would like to start with positive discipline, which promotes the use of consequences that are logical and related to the behavior, aiming to instill a sense of responsibility and accountability. This helps to cultivate a positive relationship between authority figures and individuals, fostering a conducive atmosphere for personal growth and learning. This week, we had the opportunity to enjoy a talk on positive discipline by Patrycja Kostecka. I would like to thank Tamara from Swisster for organising this event.

This has also been the week when the International School Week has taken place at our sister school in Spain, Sage College. Students and teachers from 5 different schools from different countries (Germany, Poland, Spain and Switzerland) have enjoyed together a broad variety of activities. This project promotes cross-cultural understanding, encourages tolerance and emphasizes the importance of education as a tool for building bridges between nations.

We have finished the week with the whole school community dinner. It has been a fantastic experience and an opportunity to get to know to each other better and share time together. Such events play a crucial role in nurturing a supportive and interconnected community fabric. I would like to thank our PO members for all their organisation.

Finally, next week our students will have their end-of-term assessment week. These assessments are important to encourage students to constantly study and revise. Moreover, they are a good indicator of how students are progressing and which actions need to be taken when more improvement is needed. During this period of the year, as during the rest of the school year, it is key that students organise their time properly to also have time to relax and complete other activities, like doing sports. I wish students all the best for next assessment week.

I wish all the community a restful weekend.

Warm regards,

Mr. Soto

# - PRIMARY NEWS

#### We are Mathematicians!

In our maths lessons this week, the Year 5 students have been delving into the world of rounding 5 digit numbers and decimals. This essential skill not only refines their understanding of number but also lays a solid foundation for more advanced mathematical concepts. The children have been exploring real-world scenarios where rounding and decimals come into play, honing their ability to make precise estimations and practical calculations. Through engaging activities and interactive discussions, the class has embraced the challenge of mastering these mathematical concepts. It's wonderful to see the students becoming confident mathematicians. We look forward to sharing more exciting mathematical adventures with you in the coming weeks!

#### We are Scientists!

Our science explorers are embarking on a cosmic adventure this term as we delve into the captivating realm of space! Over the past weeks, the children have been learning about the size of the planets and where they lie in the universe in relation to one another, the rotation of the Earth and its axis, and the movement of the sun in the sky, amongst other things. From understanding the intricacies of planetary motion to exploring the mysteries of distant galaxies, our young scientists are not only expanding their knowledge but also developing critical thinking skills.





#### We are Authors!

In our recent English sessions, our budding authors have been immersed in story writing. The students have been experimenting with fronted adverbials, adding an intriguing touch to their sentences by placing adverbs or adverbial phrases at the beginning. This not only enhances the flow of their stories but also adds sophistication to their writing. Additionally, they have focussed upon incorporating strong adjectives to vividly paint scenes and evoke emotions in their readers! The combination of these elements has resulted in wonderfully expressive and engaging stories which, most importantly, the children LOVED writing!

# MIDDLE & HIGH SCHOOL NEWS

In Leadership, students joined the **Global Social Leaders Conference** with other students from around the world.

Led by two outreach workers from Future Foundations, our Middle and High School students were asked to consider the kind of changes they would like to see in the world and how they could have an impact on the Sustainable Development goals on a small scale. Additionally, students watched a video, presented by famous celebrities, on what the Sustainable Development Goals are and how countries are working towards these. Thank you to Global Social Leaders for such a thought-provoking session!

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## - ISCS TALKS -



On Thursday, we held a session for parents led by Ms. Kostecka, a Child Psychologist and a Jungian Analyst Candidate at the C.G. Jung Institute in Zurich. Ms. Kostecka has gathered a wealth of experience internationally and she is currently practicing in Zurich, with a focus on helping children and families.

The session was dedicated to understanding positive discipline and how to apply it in daily family life. Ms. Kostecka's goal was to help parents guide their children in learning self-discipline, responsibility, and making good decisions.

What stood out at the event was the open and engaging atmosphere. Parents shared their experiences and asked questions, creating a dynamic and supportive environment. This interaction allowed Ms. Kostecka to provide practical, relatable advice, tailored to the challenges faced by the parents.

This event was not only informative but also a testament to the ISCS community's commitment to fostering positive parenting and supporting children's development in a healthy and nurturing environment.

#### Some tips:

1. Set clear expectations – It's better when you don't have too many rules but you are consistent with the that you have. Make sure that rules are easy to follow and age appropriate. Age appropriate boundaries make children feel safe and cared for.

2. Model - children learn from what we do and not from what we say.

3. Calm voice - it's very important to be to the point, but not to give too much attention to a certain behaviour and raised voice or emotions we express are attention. Plus when we are calm - children are calmer too.

4. Repeat - children learn by doing the same activity over and over - in play, story or everyday life. With young children it could be everyday.

5. Recognise their needs- focusing on the need is more effective than focusing on behaviour.

6. Redirect behaviour- try to recognise when unwanted behaviour will happen and redirect child to something else- helping you in supermarket, or at home

7. Consequences - set consequences that are age appropriate. After consequence, move on- it's a new day, it's a new activity. We don't go back to what happens or remind them about it. It can lead to a child feeling ashamed and embarrassed and puts too much stress on them.

8. Talk to children- ask them how they feel and listen, repeat what they said so they know that you heard them before you give them your opinion or suggestion.
9. Children work and learn by doing a 'cycles', if we interrupt that cycle it can cause a lot of frustration. Recognising that helps you to approach them in a different way- for example when they are engaged in another activity and they have to finish soon - remind them that they have 5 minutes more. This way they will have time to finish that activity the way they want and will be ready faster to engage in another activity.





Ms Kostecka can be contacted via email: Pa.kostecka@gmail.com

## - PO EVENT: AGERI ON ICE -

Se. 14.16







Check all events in our online calendar https://iscs-zug.ch/en/2023-24-iscs-calendar/

## Week: 4th - 8th December

Monday, 4th



Whole School Assessment Week

#### Tuesday, 5th

Winter Show KS2

Wednesday, 6th

**Christmas Fair** 

Thursday, 7th

**Primary School Library visit** Winter Show KS1 Whole School Christmas Fair





Lorzenparkstrasse, 8 CH -6330- Cham, Zug (Switzerland) +41 41 781 44 44 info@iscs-zug.ch

#### SCHOOL LUNCH-Week of the 4th of December

Monday Gehacktes vom Rind (CH) BTS/RAUS Mais-Gnocchi Apfelmus

Tuesday

Mais-Gnocchi Blattspinat Patatli Kartoffeln gekocht Lachsfiletwürfel Limettensauce (NO) ASC

> Wednesday Pouletpiccata (CH) Reis Tomaten-Mascarponesauce Randengemüse

> > Thursday

Lasagne Ricotta Spinat

\* The menu is complemented with salad (everyday) and dessert (fruit from Monday to Thursday, and cake on

Fridays).









